

PROGRAMMA BEACH WEEK

SCHEVENINGEN

MAANDAG	DINSDAG	WOENSDAG	DONDERDAG	VRIJDAG
10.00-12.00 Training 1	10.00-12.00 Training 2	10.00-12.00 Training 3	10.00-12.00 Training 4	10.00-12.00 Training 5
12.30-14.00 Lunch	12.30-14.00 Lunch	12.30-14.00 Lunch	12.30-14.00 Lunch	12.30-14.00 Lunch
15.00-17.30 Scramble	15.00- 18.00 Freeplay with your Friends	15.00-17.00 Mentale training in het beachvolleybal	15.00-18.00 Freeplay with your Friends	15.00-18.00 King of the Court